



If you believe you cannot do something, then do it *Angharad May*

I applied to become a Student Language Ambassador without believing that I would be selected, nonetheless, I applied as it was too good an opportunity to ignore. To my astonishment, I was chosen and attended an SLA training day in the Autumn semester. I felt utterly out of my depth. Without going into detail, I struggle with anxiety, which left me unable to volunteer as an SLA.

The fact that I had been selected, but had not done anything to help left me feeling more guilty than anxious, so I determinedly decided to exert myself and just go for it this semester. In the last two and a half weeks I have supported three events as an SLA for Routes.

The first event I attended was the ERW language conference at Swansea University where I guided attendees to appropriate rooms; helped pupils complete a language quiz; helped mark the quiz; supported groups of pupils during ambassador training sessions; and even had the opportunity to meet BBC news presenter Huw Edwards, an inspiring endorser of languages. Since then I have helped at an interesting French A-level masterclass given by MLANG's own Professor Claire Gorrara, and also spent a day volunteering at a fantastic Pupil Language Ambassador Training. It is heartening to see and support people of different ages, so eager to devote themselves to learning languages in a plethora of innovative ways, for example through music, international cake sales and fancy dress.

As an SLA, I have learned so much in short space of time, from the Routes team, from other SLAs and also, humbly, from school pupils. A principal point I can take away from my short experience as an SLA is, if you believe you cannot do something, then do it. This is key to learning a language, give it a go, laugh at yourself, learn from your mistakes and pass your new knowledge on to others in the most fun ways you can imagine.

Os credwch na allwch wneud rhywbeth, yna gwnewch o

Wnes i gais i fod yn Fyfyrwyr Llysgenhadon Iaith heb gredu fy myddwn yn cael fy newis, serch hynny, fe wnes i wneud y cais gan ei fod yn gyfle rhy dda i anwybyddu. I'm syndod, cefais fy newis, a mynchais diwrnod hyfforddi SLA yn ystod semester yr Hydref. Roeddwn i'n teimlo allan o'm dyfnedr yn llwyr. Heb fynd i fewn i fanylion, rwy'n cael trafferth â phryder, felly doeddwn ddim yn gallu gwirfoddoli fel SLA.s

Wnaeth y ffaith fy mod wedi cael fy newis, ond heb gwneud unrhyw beth i helpu adael fi'n teimlo'n fwy euog na phryderus, felly penderfynais wthio fy hun i drio'n galetach i fynd amdani y semester yma. Yn ystod y ddwy wythnos a hanner diwethad, dwi wedi cefnogi tri digwyddiad fel SLA ar gyfer Routes.

Y digwyddiad cyntaf yr oeddwn i'n bresennol mewn oedd cynhadledd iaith ERW ym Mhrifysgol Abertawe lle: wnes i arwain pobl i'r ystafelloedd cywir; helpais disgyblion i gwblhau cwis iaith; helpais i farcio'r cwis; rhoddais gymorth i grwpiau o ddisgyblion yn ystod sesiynau hyfforddi llysgennad; a hyd yn oed cefais y cyfle i gwrdd â chyflwynydd newyddion y BBC, Huw Edwards, yr oedd yn gefnogwr ysbyrdoledig i ieithoedd. Ers hynny, rydw i wedi helpu mewn dosbarth meistr lefel A Ffrangeg a roddwyd gan yr Athro Claire Gorrara, a hefyd rydwyt wedi treulio diwrnod yn gwirfoddoli mewn Hyfforddiant Llysgennad Iaith gwych. Mae'n galonogol gweld a chefnogi pobl o wahanol oedrannau yn awyddus i ymroddi eu hunain i ddysgu ieithoedd mewn nifer o ffyrdd cyffroes, er enghraifft trwy gerddoriaeth, gwerthiant cacennau rhyngwladol a gwisg ffansi.

Fel SLA, rwyf wedi dysgu cymaint mewn amser byr, gan tîm Routes, gan SLAAu eraill a hefyd, gan ddisgyblion ysgol. Prif bwynt y gallaf ei gymryd oddi wrth fy mhrofiad byr fel SLA yw, os credwch na allwch wneud rhywbeth, yna gwnewch o. Mae hyn yn allweddol i ddysgu iaith, rhowch gynnig arni, chwerthin ar eich pen eich hun, dysgu oddi wrth eich camgymeriadau a throsglwyddo'ch gwybodaeth newydd i eraill yn y ffyrdd mwyaf hwyl y gallwch chi ddychmygu.

