

# AU PAIR

**Work and travel in a secure, family environment**

**Do YOU enjoy...?**

- ✓ looking after children?
- ✓ being lively and creative?
- ✓ flexible hours?
- ✓ family life?
- ✓ being independent and managing your own time?
- ✓ travel?
- ✓ working in a foreign environment?

**YOU'LL need to...**

- ✓ have a cool head and bags of patience
- ✓ be highly responsible and safety-conscious

**...then this COULD BE YOU!**

Learn another **LANGUAGE**  
to take your skills abroad



## How?

### Think about:

- ✓ Getting an NVQ or NNEB Diploma in Childcare (minimum level 3)
- ✓ Babysitting for people who are not within your own family and who would be willing to give references – you'll need at least 2 non-family references
- ✓ Gaining work experience e.g. in a local crèche or nursery for a professional reference
- ✓ Getting a DBS check done
- ✓ Learning other languages

### Think Languages:

*"It's a great disadvantage to go to a country and know nothing of their culture and civilization. It makes you look quite ignorant; cultural awareness is hugely important for being a successful au pair. If you find yourself in a French family, you need to be able to communicate about the basics in their language."*

- Sandra Landau, Chair of British Au Pair Agencies Association

## Want to know more?

### Check these out:

#### Advice on becoming an Au Pair –

- British Au Pair Agencies Association (BAPAA): [www.bapaa.org.uk](http://www.bapaa.org.uk)
- DBS checks: [www.gov.uk/government/organisations/disclosure-and-barring-service](http://www.gov.uk/government/organisations/disclosure-and-barring-service)
- AuPairWorld: [www.aupairworld.com/en](http://www.aupairworld.com/en)

#### Advice on planning a gap year –

- <https://www.gov.uk/guidance/safer-adventure-travel-and-volunteering-overseas>
- Travel Aware Campaign: [www.travelaware.campaign.gov.uk/](http://www.travelaware.campaign.gov.uk/)
- [www.globalgraduates.com/](http://www.globalgraduates.com/)

#### Advice on the next step –

- [www.ucas.com](http://www.ucas.com)
- [www.careerswales.com](http://www.careerswales.com)

#### Advice on languages –

- [www.routesintolanguagescymru.co.uk/](http://www.routesintolanguagescymru.co.uk/)
- [www.whystudylanguages.ac.uk](http://www.whystudylanguages.ac.uk)
- [www.europa.eu/languages](http://www.europa.eu/languages)
- [www.hwb.gov.wales/curriculum-for-wales/languages-literacy-and-communication](http://www.hwb.gov.wales/curriculum-for-wales/languages-literacy-and-communication)
- [www.porth.ac.uk/en/collection/botwm-y-byd](http://www.porth.ac.uk/en/collection/botwm-y-byd)
- <https://wales.britishcouncil.org/en>

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